

CURRICULUM VITAE

BIOGRAPHICAL DATA

C. Paul Sinkhorn

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Birthplace: California

PRESENT POSITION

Active Staff/teaching faculty, Women's Health Department at Arrowhead Regional Medical Center,
Colton, San Bernardino County, California, 2001-present

PRE-PROFESSIONAL EDUCATION

Bremen High School Midlothian, Illinois Valedictorian 1970
University of Illinois Urbana, Illinois Degree: B.S. (Microbiology; Psych) 1974

MEDICAL SCHOOL

University of Illinois Urbana and Chicago, Illinois Degree: M.D. 1978

RESIDENCY

University of Arkansas Hospital Little Rock, Arkansas
Internship-OB/GYN 1978-1979
Residency-OB/GYN 1979-1982

BOARD CERTIFIED, active - 12/06/84 (American Board of Obstetrics and Gynecology) to present

OTHER EDUCATION

Bachelor's degree (Summa cum laude; Valedictorian) in Information Technology from California
Baptist University 1999
Elected to ALPHA CHI (national honor society)

LICENSE

California, 1987 to present

RESEARCH EXPERIENCE

Assistant researcher in the following clinical drug studies:

- UPJOHN F2 α -15 THAM prostaglandin for post-partum hemorrhage
- HOECHST-ROUSSEL CEFOTAXIME- third-generation cephalosporin for pelvic inflammatory disease
- SMITH-KLINE-FRENCH (CEFTIZOXIME)- third-generation cephalosporin for infection prophylaxis for cesarean sections
- Double-blind study comparing metronidazole with clotrimazole for efficacy in treatment of Gardnerella vaginal infections

TEACHING and OTHER SPECIALTY EXPERIENCE

Medical student, nurse, and resident teaching 1978-present, including extensive practical and didactic instruction

Clinical Professor, University of California, Riverside Medical School, 2005-2014

Voluntary Clinical Professor (OB/GYN), University of California, Riverside Medical School, 2014-present

Professor of Clinical Obstetrics/Gynecology, California University of Science and Medicine, 2016-2022

Professor, Department of Medical Education, California University of Science and Medicine, 2022-present

Teaching faculty, Arrowhead Regional Medical Center (didactic and clinical), 2000-present

Clinical Associate Professor of OB/GYN, Western University of Health Sciences, 2008-present

Adjunct Assistant Professor OB/GYN, Touro University Nevada, 2008-present

Adjunct Professor OB/GYN, Touro University California, 2009-present

Assistant Professor OB/GYN, St. George's University School of Medicine, Grenada, 2015-2018

Student Academic Standards and Promotion Committee, Chairman, California University of Science and Medicine, 2018-2019

Clinical Preceptor, Physician Assistant Program, Western University of Health Sciences, 2008-present

Teaching Excellence Academy Certificate of Completion/Achievement, University of California Riverside, 2019

Manuscript reviewer, *Obstetrics and Gynecology*, 2003-present

Medical Content Reviewer, Nucleus Medical Media, 2011-present

Clinical Associate- University of Illinois School of Medicine at Peoria, Illinois, 1982-1987

Co-Director of Family Practice Residency in OB/GYN at Methodist Medical Center, Peoria, Illinois, 1982-1987

Built, owned, and operated STEPHANIE, a gourmet French-influenced restaurant in Peoria, Illinois, 1984-1987 (recipient of Wine Spectator's Best of Awards of Excellence)

Staff physician (general and family medicine), MedFirst (freestanding clinics), Peoria, Illinois, 1983-1985

Started Home Medical Diagnostics, a mail-order medical test company, 1986

Conceived, owned, and operated PURPLE TOES, a fine wine shop in Riverside, 1988-1990

Preceptor for University of California, Riverside Medical School, 1990-1998

University of California, Riverside Medical School Medical Student Promotions Committee, 1997-2001

Member, University of California, Riverside Medical School Curriculum Oversight Committee, 1998-1999

University of California, Riverside Haider School of Medicine Interview Committee for Charter Class of 2013

University of California, Riverside Medical School medical student applicant interviewer 2014-2020

California University of Science and Medicine medical student applicant interviewer 2018-2020
Associate Clinical Professor, University of California, Riverside Medical School, 1997-2005
Asst. Course Coordinator, Introduction to Patient Care, University of California, Riverside
Medical School, 1997-1998
Clinical Associate Professor of Family Medicine, Western University of Health Sciences, 2001-2002
Assistant Clinical Professor, David Geffen School of Medicine at UCLA, 2005-2014
Clinical Preceptor, A.T. Still University, Kirksville (MO) College of Osteopathic Medicine, 2005-2014
Clinical Preceptor, West Va. School of Osteopathic Medicine, 2010
Peer reviewer for California Medical Association, 1992-2000
Past Senior Vice President, Business Systems and Training, Inc., 1999-2000
Medical speaker for Glaxo Wellcome Pharmaceuticals, 1997-2000
OB/GYN Resident Selection Committee, Arrowhead Regional Medical Center, 2004-2013
Manuscript reviewer, *NMS OB/GYN (fifth edition)*, Lippincott Williams & Wilkins, 2003
Jury Foreman, 6-day civil trial (IOTA 5 v Dobron), Riverside Superior Court, March 2012

MEDICAL SOCIETIES and ASSOCIATIONS

ALPHA OMEGA ALPHA (medical honorary) - elected 1977
AMERICAN COLLEGE OBSTETRICS AND GYNECOLOGY, 1979-present
Diplomate of AMERICAN BOARD OF OBSTETRICS AND GYNECOLOGY, 1984-present
AMERICAN MEDICAL ASSOCIATION, 1974-present
CALIFORNIA MEDICAL ASSOCIATION. 1987-present
SAN BERNARDINO COUNTY MEDICAL ASSOCIATION, 2001-present
-Medical Review Advisory Committee, 2001-2015; Co-Chairman, 2008-2015
-Member, Board of Directors, 2007-2012
-Finance and Strategic Planning Committee, 2010-2012
-Treasurer, 2010-2011
-Secretary, 2011-2012
-Executive Committee, 2010-2012
AMERICAN ASSOCIATION GYNECOLOGIC LAPAROSCOPISTS, 1986-2016
AMERICAN SOCIETY OF FORENSIC OB/GYNS, 1998-2008
-President, 2000
AMERICAN SOCIETY OF LAW, MEDICINE, & ETHICS, 1987-2001
Surveyor for CALIFORNIA MEDICAL ASSOCIATION / INSTITUTE FOR MEDICAL QUALITY Hospital
and Medical Staff Survey Committee (Consolidated Accreditation and Licensure Survey), 1991-
2003; recipient of 10-year service award in 2001
RIVERSIDE COUNTY MEDICAL SOCIETY, 1987-2001
-Professional Liability Committee, 1990-2001; Chairman, 1992-1998
-Committee on Maternal and Child Health, 1990-1999
RIVERSIDE/SAN BERNARDINO OB/GYN SOCIETY, 1989- 2000
SOCIETY OF LAPAROENDOSCOPIC SURGEONS, 1993-1995
CALIFORNIA ASSOCIATION OF OBSTETRICIANS AND GYNECOLOGISTS, 1995-1999
PLANNED PARENTHOOD OF PEORIA, 1985-1987
-President, Medical Committee
-Executive Committee
-Education Committee
Advisor to RESOLVE (infertility support group), 1985-1986
Advisor to ORGANIZATION FOR CESAREAN EDUCATION AND PREVENTION,
1982-1987
Advisor to CHILDBIRTH AND PARENTING EDUCATION ASSOCIATION, 1982-1987

Member, Board of Directors, RIVERSIDE COMMUNITY HEALTH PLAN IPA, 1989-1994
-Vice President, 1992-1994
-Chairman, Subcommittee to study Conflict of Interest/ Confidentiality
for Board Members and Employees, 1992
-Utilization Review Committee, 1989-1997
-Medical Review Committee, 1989-1996
Past member of CHICAGO, ILLINOIS STATE, and PEORIA MEDICAL SOCIETIES
CALIFORNIA MEDICAL ASSOCIATION Certification in Continuing Medical Education
AMERICAN MEDICAL ASSOCIATION Physician's Recognition Award for Continuing
Medical Education, 1993-1997
AMERICAN COLLEGE OF PHYSICIAN EXECUTIVES, 1998-2000
Member, Board of Directors, Inland Empire Electronic Health Record Resource Center, 2010-2012
Member, Board of Directors, INLAND EMPIRE OB/GYN IPA, 1997-2001
-Vice-Chairman, 1998-2001
-Scope of Services and Compensation Committees
San Bernardino County Medical Society Advisory Board to Southern California Physician magazine,
2008-2010
Verified Recommended Expert, A.M. Best Company, 2007-2024

CHARITABLE ACTIVITIES and AWARDS

Member, Executive Board, EXECUTIVE 2000 (medical-business-community liaison group), 1990-1992
Member, Nominating Committee, EXECUTIVE 2000, 1992
Member, Board of Directors, RIVERSIDE COMMUNITY HOSPITAL FOUNDATION, 1990-1996
Chairman, Health Education Committee, RIVERSIDE COMMUNITY HOSPITAL FOUNDATION,
1990-1996
Member, Board of Directors, RIVERSIDE COUNTY PHILHARMONIC, 1990-1993
Moderator for Medical Education seminars for the public, VIP PROGRAM and RIVERSIDE
COMMUNITY FOUNDATION, 1990-1996
Member, Health Consultation Committee for RIVERSIDE UNIFIED SCHOOL DISTRICT, 1993-1997
Recipient, Chamber of Commerce First Place Award for Riverside Beautification, 1992
Recipient, Old Riverside Foundation Restoration & Preservation Award, 1992
Sponsor and Participant in 3rd Annual Survive Food Bank Show, Riverside, 1993
Member, Riverside City Tobacco Control Force, 1994
Staff Physician, RCH Woman's Health Screening Clinic, 1993
Charter Member, Cardiac 2000 Club, RCH Foundation, 1994
Member, Organizational Board for Women's Health Day, 1995-1996
Board member and Parliamentarian, PTA, Alcott Elementary School, 1997-1998
Board member and Parliamentarian, PTSA, Gage Middle School, 1997-2000
School Site Council Board Member, Polytechnic High School, 1998-2000
Polytechnic Digital High School Committee, 1999-2000
Certificate of Distinction, American Kidney Fund Board of Trustees
GIVE (Glaxo Wellcome's Investment in Volunteer Excellence) award, 1999
Award of Excellence for clinical teaching, Western University Physician Assistant Class of 2003
Award for Teaching Dedication for Western University medical students, 2006
Top 10% of peer reviewers for *Obstetrics and Gynecology* award – 2006
Top 10% of peer reviewers for *Obstetrics and Gynecology* award – 2009
Top 10% of peer reviewers for *Obstetrics and Gynecology* award – 2010
Top 10% of peer reviewers for *Obstetrics and Gynecology* award – 2011
Top 10% of peer reviewers for *Obstetrics and Gynecology* award – 2012

Top 10% of peer reviewers for *Obstetrics and Gynecology* award – 2018
Top 10% of peer reviewers for *Obstetrics and Gynecology* award – 2020
Golden Apple Award for OB/GYN teaching, Arrowhead Regional Medical Center, 2007
Annual Medical Staff Leadership Award, Arrowhead Regional Medical Center, 2009
Mission Leadership Award, Arrowhead Regional Medical Center, 2010
20 Year Certificate of Recognition as Faculty Member at University of California, Riverside School of Medicine, 2017
Leadership Team member, First5 San Bernardino Maternal Health System Project, 2019

STAFF APPOINTMENTS

Active Staff/teaching faculty, Arrowhead Regional Medical Center, Colton, California, 2002-present
-Vice-Chairman OB/GYN Department, 2003-2014
-Secretary/Treasurer of the Medical Staff, 2010-2011
-President-Elect of the Medical Staff, 2011
-President of the Medical Staff, 2012-2013
-Immediate Past President of the Medical Staff, 2014-2015
Active Staff, Methodist Medical Center, Peoria, Illinois, 1982-1987
- Vice-Chairman OB/GYN Department, 1985-1987
Courtesy Staff, St. Francis and Proctor Hospitals, Peoria, Illinois, 1982-1987
Active Staff, Parkview Hospital, Riverside, California, 1992-2001; Courtesy Staff, 1987-1990, 2001-2002
Active Staff, Riverside Community Hospital, Riverside, California, 1987-2001
-Vice-Chairman OB/GYN Department, 1995-1996
-Secretary/Treasurer of the Medical Staff, 1997-2001
-Chairman, Credentials Committee, 2000-2001
Active Staff, Redlands Community Hospital, 2001-2005
Affiliate Staff, Redlands Community Hospital, 2005-2007
Courtesy Staff/teaching faculty, Arrowhead Regional Medical Center, Colton, California, 2001-2002
Courtesy Staff, Riverside County Regional Medical Center, Moreno Valley, California, 9/2007-3/2012
Provisional Staff, Hoag Presbyterian Medical Center, Newport Beach, California, 2015-2016
Active Staff, Hoag Presbyterian Medical Center, Newport Beach, California, 2016-2017
Provisional Staff, Saddleback Memorial Medical Center, Laguna Hills, California, 2016-2017

COMMITTEES

Methodist Medical Center

Infection Control
Credentials
Bridge Committee for fetal/newborn loss
Bioethics
Planning and Development
Osteoporosis study committee
CME Committee; Medical Library Committee
Cancer Coordinating
Medical Student Promotions (University of Illinois, Peoria School of Medicine)
Epidural Anesthesia Development Committee
Infertility Clinic Committee
Committee for development of VBAC protocol

Riverside Community Hospital

Credentials Committee, 1998-2001

-Chairman, 2000-2001

Laser Committee, Chairman

OB/GYN Clinical Committee (Riverside Physician Network), Chairman

Finance Committee, Chairman

Medical Staff Secretary/Treasurer, 1997-2001

Executive Committee, 1997-2001

Vice-Chairman, OB-GYN Department, 1994-1996

Operating Room Committee

Surgical Committee

Obstetrical Unit Committee

Quality Improvement (Assurance) Committee

Utilization Review Committee (Riverside Community Health Plan-Riverside Physician Network)

Medical Review Committee (Riverside Community Health Plan-Riverside Physician Network)

RCH representative to the AMA Hospital Medical Staff Section

RCH representative to the CMA Hospital Medical Staff Section

Ad hoc committee for OB Protocols

Ad hoc committee for OR Block Scheduling

Ad hoc committee for development of OB Quality Improvement indicators

Subcommittee for study of COBRA OB regulations

Ad hoc committee for implementation of "Paperless" hospital information system

Perinatal Morbidity and Mortality Committee

Established Operative Laparoscopy/Laser Laparoscopy, VBAC, and Gynecologic Laser programs

RCH Medical Service Organization Task Force

Medical Advisory Board, RCH SurgiCenter

Bylaws Committee

Committee for Hospital Computerization

OB/GYN Quality Review Committee

Committee for Reorganization of the Medical Staff

Search Committee, Operating Room Supervisor, 1998

Search Committee, Senior Vice-President for Medical Affairs, 1998

OB-GYN Hospital-Medical Staff Liaison Committee, 1998

Quality Council, 1998-2001

Ad hoc Committee for Student and Resident Education

Parkview Community Hospital

Judicial Review Committee, June 1992

Operating Room Committee

Consultant for JCAHO Survey, 1993

Nominating Committee, OB-GYN Department

OB-GYN Department Quality Review Committee

Cesarean rate study Committee

Arrowhead Regional Medical Center

Medical Executive Committee, 2010-present

-Chairman, 2012-2013

Credentials Committee, 2004-present

-Chairman, 2008-2012 and 2014-present

Bylaws Committee, 2001-present

-Chairman, 2011

Sub-Committee on Peer Review Redesign, 2010-present

-Chairman, 2010-2015

Utilization Management Committee

-Chairman, 2006-2012

Health Information Management Committee

-Chairman, 2006-2012

Search Committee for Medical Director, 2013

-Chairman, 2013

Nominating Committee, 2011-2015

-Chairman, 2012-2014

Pharmacy & Therapeutics, 2014

-Chairman, 2014

Quality Management Committee, 2005-2014

-Vice-Chairman, 2010-2011

Vice-Chairman, OB/GYN Department, 2003-2014

Secretary/Treasurer of the Medical Staff, 2010-2011

President-Elect of the Medical Staff, 2011

President of the Medical Staff, 2012-2014

Past-President of the Medical Staff, 2014-2016

Operative and Other Invasive Procedures Committee

Peer Review Committee (Interventional), 2013-2015

Physician Advisory Committee on Electronic Medical Record

Computerized Order Entry Committee

Operating Room Task Force

Forms Committee

Quality Management Task Force on Histories and Physicals, 2011

-Vice-Chairman, 2011

Joint Conference Committee, 2011-2015

SubCommittee for development of COVID-19 internal disaster plan and allocation of resources, 2020

Hoag Presbyterian Medical Center

OB Core Committee, 2016

SPECIAL INTERESTS AND QUALIFICATIONS

High-risk Obstetrics

Administrative medicine, including credentialing and bylaws

Operative gynecology, including pelvic reconstructive surgery and operative laparoscopy

Family planning

Computer science

Fine wine

revised 11/24/24